




Supportive Living August 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 2:30 - Jeff Chandler	2 CIVIC HOLIDAY No Recreation Program	3 9:30 - Sit n Be Fit A 10:30 - Word Game A 2:00 - Jackpot Bingo D 2:00 - Walk and Talk A 4:45 - Men's Club D 6:30 - Pokeno	4 9:00 - Bible Study V 11:00 - Prayer Service 1:00 - Parkland Mall Ag 2:30 - Therapy Dog 7:00 - Prayer Service V	5 9:30 - Exercises V 10:30 - Floor Shuffleboard 2:00 - Ladder Golf D 3:30 - Ladies Club D 6:30 - Card Bingo V	6 AMAZING RACE 9:30 - Exercises A 10:30 - Pool A 2:00 - What's In The Bag? A 4:00 - Communion	7 9:00 - Bingo V 10:30 - Bowling R 6:30 - Movie Night
8 2:30 - Gaetz Untied Church	9 AMAZING RACE 9:30 - Exercises V 9:30 - Sit n B Fit D 10:30 - Bowling D 2:00 - Poplar Ridge A 3:30 - Whist D	10 9:30 - Sit n B Fit A 10:30 - Cards & Dice A 11:30 - Picnic in Park D 6:30 - Pokeno V	11 9:00 - Bible Study V 11:00 - Prayer Service 1:00 - Bower Mall D 2:30 - Therapy Dog 7:00 - Prayer Service V	12  5:00 - Family BBQ	13 AMAZING RACE 9:30 - Sit n Stretch A 10:30 - Jeopardy A 2:00 - Walk & Talk A	14 9:00 - Bingo V 10:30 - Bowling R 2:00 - Sing Song V 6:30 - Movie Night
15 2:00 - Michener Hill Church of God	16 AMAZING RACE 9:15 - Jackpot Bingo A 10:30 - Thea's House Lunch and Tour of Mirror	17 9:30 - Sit n B Fit A 10:30 - Word Games A 2:00 - Jammers 6:30 - Pokeno	18 9:00 - Bible Study V 11:00 - Prayer Service 12:30 - RCMP Dogs D 2:30 - Therapy Dog 7:00 - Prayer Service V	19 9:30 - Exercises J 10:30 - Floor Shuffleboard 1:00 - AMAZING RACE FINAL LEG J 6:30 - Card Bingo V	20 9:30 - Sit n Be Fit A 10:30 - Big Knife Villa Seniors Lodge Day Trip	21 9:00 - Bingo V 10:30 - Bowling R 6:30 - Movie Night
22 No Church Service	23 9:30 - Exercises V 9:30 - Sit n B Fit D 10:30 - Crafts D 2:00 - Getting to Know You Tea A 3:30 - Whist D	24 9:00 - Peaceful Valley Day Trip 	25 9:00 - Bible Study V 11:00 - Prayer Service 1:00 - Parkland Mall E 2:30 - Therapy Dog 7:00 - Prayer Service V	26 9:30 - Sit n Be Fit J 10:30 - Floor Shuffleboard 2:00 - Golf Quotes J 3:30 - Ladies Club D 6:30 - Card Bingo V	27 9:30 - Sit n Be Fit A 10:30 - Crossword A 10:30 - Putting Green D 2:00 - Goodbye Summer A	28 9:00 - Bingo V 10:30 - Bowling R 6:30 - Movie Night
29 2:00 - Michener Hill Church of God	9 9:30 - Exercises V 9:30 - Sit n B Fit D 10:30 - Cochrane Day Trip D	31 9:30 - Sit n B Fit A 10:30 - Trivia A 2:00 - Ice Cream Making D 6:30 - Pokeno		Happy Birthday Betty Lou Clark 8 Grace Ellsworth 23	